

The more you



the more likely  
you will **succeed.**

Call for FREE help to quit smoking or smokeless tobacco

English 1-800-NO-BUTTS

Spanish 1-800-45-NO-FUME

Mandarin & Cantonese 1-800-838-8917

Vietnamese 1-800-778-8440

Korean 1-800-556-5564

Chewing Tobacco 1-800-844-CHEW

Deaf/Hard of Hearing 1-800-933-4833

Call Today!

7am - 9pm Monday - Friday & 9am - 1pm Saturday

**1-800-NO-BUTTS**