

# What are you smoking?

rocket fuel  
(methanol)

lead

paint thinner  
(toluene)

gasoline  
(butane)

mercury

insecticides

rechargeable batteries  
(cadmium)

nail polish remover  
(acetone)

More than 4,000 chemicals.

Including hydrogen cyanide...  
the poison used in gas chamber  
executions! Do you need another  
reason to quit?

Call for FREE help to quit smoking or smokeless tobacco

English 1-800-NO-BUTTS

Spanish 1-800-45-NO-FUME

Mandarin & Cantonese 1-800-838-8917

Vietnamese 1-800-778-8440

Korean 1-800-556-5564

Chewing Tobacco 1-800-844-CHEW

Deaf/Hard of Hearing 1-800-933-4833

Call Today!

7am - 9pm Monday - Friday & 9am - 1pm Saturday

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**1-800-NO-BUTTS**